

# St. Elizabeth Seton

### January 4

#### Who was St. Elizabeth Seton?

The Feast Day for St. Elizabeth Seton is celebrated on January 4th each year. St. Elizabeth Seton was born on August 28, 1774, in New York City, USA, and her life was marked by remarkable faith and devotion to God.

St. Elizabeth Seton was the first American-born person to be canonized as a saint in the Catholic Church. She was a devoted wife and mother, but her life took a significant turn after her husband's untimely death in 1803. Despite her grief, she found solace in her Catholic faith and deepened her relationship with God.

In 1809, Elizabeth converted to Catholicism, which was a bold decision in a predominantly Protestant society. She later founded the Sisters of Charity of St. Joseph's, the first American religious community for women, and dedicated herself to serving the poor, the sick and the vulnerable.

St. Elizabeth Seton's dedication to education led her to establish the first free Catholic school in the United States. Her commitment to education, especially for girls, laid the foundation for Catholic education in many countries.

Her life of service and holiness made her a Saint. St. Elizabeth Seton's canonization on September 14, 1975, by Pope Paul VI, recognized her as an example of virtue and faith for Catholics worldwide.

The Feast Day of St. Elizabeth Seton is a time to remember and celebrate her inspiring life and contributions to the Church. Catholics and others who admire her devotion to God and her tireless efforts to help those in need, especially through education, gather to honour her memory and seek her intercession.

Her significance lies not only in her pioneering work as an educator and her contributions to religious life but also in her example of unwavering faith and service to others. St. Elizabeth Seton continues to inspire generations of believers to live lives of compassion, kindness and dedication to God, making her a beloved and revered figure in the Catholic Church.

**More information:** Click Here!



#### Quotes

"Be a living witness to the power of faith and love, for in your actions, others will find the path to God's grace." "Live each day with unwavering hope, knowing that God's love and providence will guide you through all challenges." "In every act of kindness, we sow the seeds of God's love, and in every smile, we reflect His infinite joy."

#### **Prayer**

In the name of the Father, and of the Son and of the Holy Spirit;

Heavenly Father,

We come before you in humble prayer, seeking the intercession of Saint Elizabeth Seton, a devoted servant of God and a shining example of faith and perseverance.

We thank you for the gift of her life and the inspiring legacy she left behind.

Saint Elizabeth Seton, you were a dedicated educator,

emphasizing the importance of knowledge and faith. Guide us in our pursuit of wisdom and understanding, that we may grow in our relationship with God and share His love and truth with others.

Help us to emulate your unwavering faith and commitment to God's will in our own lives.

You were a beacon of love and compassion, caring for the poor, the sick and the marginalized.

Teach us to have a heart of charity and empathy towards our brothers and sisters in need.

Inspire us to reach out and offer a helping hand to those who are suffering or in distress.

As we face the challenges of life,

may we find strength and courage in your example, knowing that God's grace sustains us in every trial. Saint Elizabeth Seton, intercede for us and present our prayers to our Heavenly Father.

Help us to walk faithfully in the path of holiness, trusting in God's loving guidance, just as you did.

Amen.

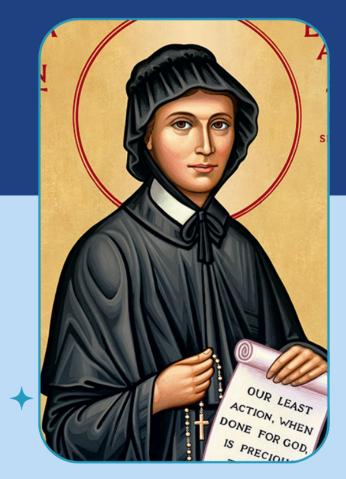
#### **Patron Saint**

Widows In-law Problems Loss of Parents Catholic Schools Authorities





## **York Catholic District School Board**



**FEAST DAY:**January 4

SCHOOL LOCATION: Newmarket, ON

"Faith lifts the soul, Hope supports it, Experience says it must and Love says...let it be."

-St. Elizabeth Seton

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## **PATRON SAINT OF:**

- Catholic Schools
- In-law Problems
- Authorities
- Widows
- Loss of Parents



